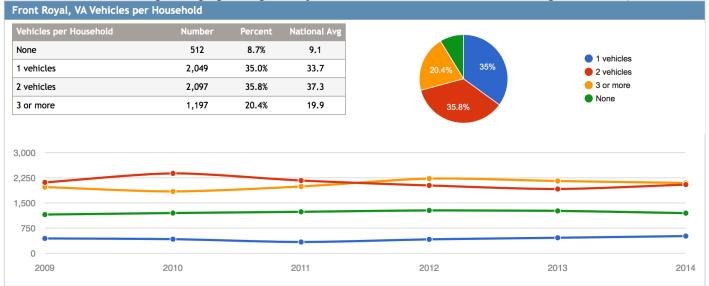
#### **APPENDIX**

(Town Planning Commission Work Session 5/18/16)

- 1. The parking 'issue' Fact or Fiction? (I will do some more research on this to get more data etc. I ran out of time).
- 2. V-DOT Presentation on SSAR (Subdivision Street Design Guidelines), February and March, 2012, & Table B(1) (i.e. FRLP's Special Exception Request)
- 3. Chesapeake Bay Act, DEQ Presentation, Fall 2009 (things have been and continue to be headed in this direction since the first Bay Act, the 2000 Act et. al.)
- 4. SmartCode, for Municipality's, Andres Duany, the pre-eminent "Neo-Traditional" planner in America. While we do not plan a typical Neo-Traditional community, the street etc. standards are a good, and applicable guide (i.e. a true "neo-traditional" design would have 3 or 4 times the per acre densities than those that we are proposing thus each street section would serve 3-4+ times more homes).
- 5. National Association of City Transportation Officials, NACTO, Yield Streets. These are recommended yield streets in U.S. cities at city densities (i.e. recommended ideal width = 24-28 feet). The city of DC was built with such streets they are like a traffic circle, it takes time to change driving habits but once you do change those habits (or force change) many people find they love narrow streets... cars don't rule the roost.
- 6. Congress for New Urbanism Report: Emergency Response & Street Design. As with the SmartCode above, these are "New-Urbanist"/"Neo-traditional" communities with 3-4+ times the density (& people) as we are discussing that are served by each street. I can share additional reports on this issue just ask!
- 7. Additional Resource: Robert Steuteville, Better! Cities & Towns, (www.bettercities.net):
  - a. "As traffic deaths rise, blame engineering dogma": <a href="http://bettercities.net/news-opinion/blogs/robert-steuteville/21865/traffic-deaths-rise-blame-engineering-dogma">http://bettercities.net/news-opinion/blogs/robert-steuteville/21865/traffic-deaths-rise-blame-engineering-dogma</a>
  - b. "The new science of traffic engineering": <a href="http://bettercities.net/news-opinion/blogs/robert-steuteville/21878/new-science-traffic-engineering">http://bettercities.net/news-opinion/blogs/robert-steuteville/21878/new-science-traffic-engineering</a>
  - c. "Over wide streets, you may regret it": <a href="http://bettercities.net/news-opinion/blogs/robert-steuteville/21715/wide-streets-could-come-back-haunt-you">http://bettercities.net/news-opinion/blogs/robert-steuteville/21715/wide-streets-could-come-back-haunt-you</a>

## THE PARKING ISSUE – FACT OR FICTION?

Below: The parking "issue"? (Also see FRLP March 2015 Handout to Council on the fear of not "having enough parking" - Or just drive around the newer Town neighborhoods.)



Source, American Factfinder, Community Survey, U.S. Census

**QuickFact:** Census estimates there were approximately 1.8 vehicles per household in U.S. in 2013. These averages are higher in more suburban areas vs. urban areas. (As the chart and table show that the average in Front Royal **(2.064 per HH -** *conservatively*) was slightly higher than the national average). (Governing.com).

Vehicles per Household (HH)	Number	<u>Percent</u>	National Avg.	Number of Vehicles	Total Vehicles
None	512	87.0%	9.1%	0	0
1 vehicle	2049	35.0%	33.7%	1	2049
2 vehicles	2097	35.8%	37.3%	2	4194
3 or more vehicles*	1197	20.4%	19.9%	4	4788
Total	5855				11031
Average per Household	1.884	OR**	2.064	Avg. vehicles per H	Н

\*if "3 or more" averages out to 4 (i.e. half have 3 and half have 5)

A NOTE ON PARKING IN NEW R1-A: Although the new R1-A ordinance permits a *minimum* of 2 off street parking spaces – I think the market wants more off-street spaces (i.e. 2 car garage + surface level parking). If a lot is 50 feet wide, with a 12-foot driveway, that leaves 38-feet of frontage on the street – or 2 on-street spots per home lot. If the lot only had 2 off-street parking spaces that is a *minimum of 4 spaces per lot*. If there are 4 off-street spaces (a 2 car garage with typical 2 surface parking spots in front of the garage) that equals 6 spaces per home. On a 50' lot!

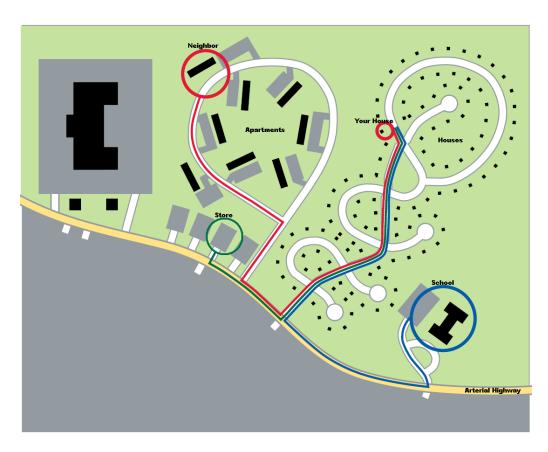
<sup>\*\*</sup>If we use the same math and remove the 512 HH without vehicles (11031/5343)



# **SSAR – The Problem**

Current development patterns often rely on isolated street networks.

- Increased congestion
- Wider streets
- Discourages other modes of transportation
- Impacts on neighborhoods
- Unsustainable burden on major roadways





# **SSAR - Background**

- Secondary Street Acceptance Requirements (SSAR) govern the acceptance of streets into the secondary system of state highways (does not cover VDOT-funded construction)
- In the past, streets have been accepted into the state system without consideration to the overall public benefit they provided
- §33.1-70.3 of the Code of Virginia, enacted in 2007, directed the Commonwealth Transportation Board to develop requirements that:
  - Improve connectivity of road and pedestrian networks
  - Minimize stormwater runoff and impervious surfaces (reduce local street widths)
  - Update performance bonding and cost recovery fees
- Chapter 870, 2011 Acts of Assembly, directed the CTB to solicit public comments and revise regulation accordingly

# GEOMETRIC DESIGN STANDARDS FOR RESIDENTIAL AND MIXED USE SUBDIVISION STREETS (GS- SSAR) TABLE 1- CURB AND GUTTER SECTION

PROJECTED	MINIMUM DESIGN SPEED	HORIZONTAL AND VERTICAL CONTROLS  Maximum 2:1 Cut or Fill Slope Preferred 3:1 Cut or Fill Slopes					CURB AND GUTTER ROADWAYS  (Minimum Widths Measured Face of Curb to Face of Curb)			
TRAFFIC VOLUME	(MPH)	CURVE DA	ГА		MINIMUM	SIGHT DISTANCE	-			
(ADT) (NOT	(NOT POSTED SPEED)	MINIMUM CENTERLINE RADIUS (5)	SUPER -ELEV.	MAXIMUM % GRADE	STOPPING (3)	INTERSECTIONS (4)	NO PARKING (6)	PARKING 1 SIDE (2)	PARKING BOTH SIDES (2)	
UP TO 2000	25	200'	NONE	NOTE (7)	155'	280'	24' (1)	24' (1)	29' (1)	
2001 TO 4000	30	335'	NONE	NOTE (8)	200'	335'	26' (9)	31' (9)	36' (9)	

#### Notes:

For streets with volumes over 4000 or serving heavy commercial or Industrial traffic; use the appropriate geometric design standard. (see VDOT's Road Design Manual).

The roadway with the highest volume will govern the sight distance.

Right of Way requirements can be found in Section B-4.1 Right Of Way.

For volumes 2001 – 4000 vpd, design criteria for the Collector functional class was utilized to determine minimum design values.

Lower design speeds (and street widths) may be utilized provided they are designed in accordance with the AASHTO Green Book or AASHTO's Guidelines for Geometric Design of Very Low-Volume Local Roads (ADT<400). The designer should coordinate with VDOT in advance of design (e.g. sketch plan stage) if this alternative criteria is being utilized.

If 20 mph minimum design speed is utilized, a 20 mph advisory speed limit sign shall be posted along with any other horizontal or vertical curve warning signs as warranted.

An engineering speed study sealed and signed by a licensed professional engineer, using VDOT's standard speed study report, must be provided by the developer and approved by VDOT for any roads posted at other than the statutory speed limit and planned for acceptance into the state system.

- 1. If the Local Street has 1 point of access and ADT>400 vpd, then the roadway width must meet design values (2001 to 4000 vpd).
- 2. With parking lanes, the horizontal clearance (measured from face of curb) is 1.5' (Min). 2011 AASHTO Green Book Chapter 5 (Page 5-20). However, VDOT has established a 3' minimum setback requirement behind the curb (This Manual, Section B-5, Figure 10).
- 3. 2011 AASHTO Green Book Chapter 3 (Page 3-4, Table 3-1)
- 4. 2011 AASHTO Green Book Chapter 9 (Page 9-38, Table 9-6). For grades greater than 3%, the time gap must be adjusted and required sight distance recalculated.
- 5. 2011 AASHTO Green Book Chapter 3 (Page 3-55, Table 3-13b)
- 6. Lateral offset (measured from face of curb) is 1.5' (Min) 2011 AASHTO Green Book Chapter 5 (Page 5-20). Gutter pan is not a portion of the travelway, but is a portion of the parking lane.
- 7. 2011 AASHTO Green Book Chapter 5 (Page 5-12).
- 8. 2011 AASHTO Green Book Chapter 6 (Page 6-12).
- Lane widths may vary between 10'-12' feet for collectors with 2001-4000 ADT. Widths shown may be decreased by 2 feet (26 feet to 24 feet), (31 feet to 29 feet) and (36 feet to 34 feet) based upon engineering judgment subject to VDOT approval.

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Rev 7/14

# The Chesapeake Bay Preservation Act: Phase III and Compliance Evaluations

Fall 2009
Presentations to Local Government and PDC Staff



# Specific Development Standards

Local land development ordinances must contain "specific development standards" that implement the three following general performance criteria: (9 VAC 10-20-120 1, 2 & 5 of the Regulations)



- Minimize Land Disturbance
- Preserve Indigenous Vegetation
- Minimize Impervious Cover

The Checklist for Advisory Review of Local Ordinances provides suggested ordinance provisions with specific standards

# Identify and Resolve Obstacles and Conflicts

Local governments must review and revise their land development ordinances and requirements to:

- Eliminate obstacles to achieving the water quality goals of the Chesapeake By Preservation Act.
- Ensure all components of the local Bay Act program are consistent in protecting state waters.

(9 VAC 10-20-191 B 1 & 2)



Municipality

**TABLE 3A: Vehicular Lane Dimensions.** This table assigns lane widths to Transect Zones. The Design ADT (Average Daily Traffic) is the determinant for each of these sections. The most typical assemblies are shown in Table 3B. Specific requirements for truck and transit bus routes and truck loading shall be decided by Warrant.

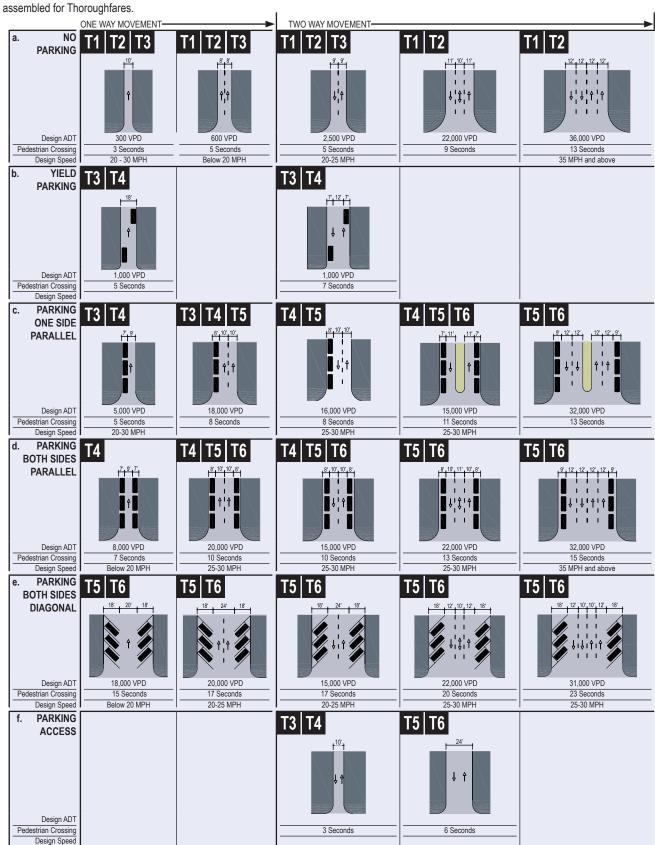
		T1	To	Τą	T4	T5	TA
DESIGN SPEE	TRAVEL LANE WIDTH		14	13		10	10
Below 20 mp	8 feet	•	•	•	_		
20-25 mp	9 feet	-	-	-	-	-	_
25-35 mp	10 feet	-	-	-	-	-	•
25-35 mp	11 feet	-	•			-	•
Above 35 mp	12 feet	-	•			-	-
DESIGN SPEE	PARKING LANE WIDTH						
20-25 mp	(Angle ) 18 feet					-	•
20-25 mp	(Parallel) 7 feet				-		
25-35 mp	(Parallel) 8 feet			-	-	-	-
Above 35 mp	(Parallel) 9 feet					-	•
DESIGN SPEE	EFFECTIVE TURNING RADIUS	6			(8	See Tab	ole 17b
Below 20 mp	5-10 feet			•	•	-	-
20-25 mp	10-15 feet	-		•	-	-	•
25-35 mp	15-20 feet	-	•	•	-	-	•
Above 35 mp	20-30 feet	•	•				-

- BY RIGHT
- □ BY WARRANT

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Municipality

TABLE 3B: Vehicular Lane/Parking Assemblies. The projected design speeds determine the dimensions of the vehicular lanes and Turning Radii

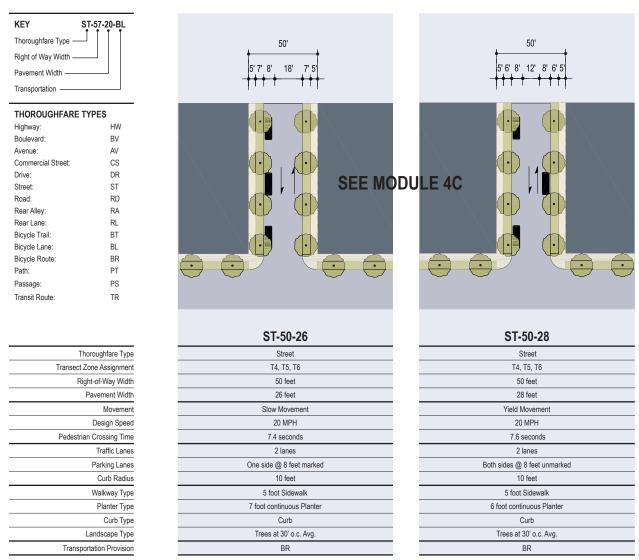


SC30

SMARTCODE VERSION 9.2

Municipality

**TABLE 4C:** Thoroughfare Assemblies. These Thoroughfares are assembled from the elements that appear in Tables 3A and 3B and incorporate the Public Frontages of Table 4A. The key gives the Thoroughfare type followed by the right-of-way width, followed by the pavement width, and in some instances followed by specialized transportation capability.



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# Urban St Design G



National Association of City Transportation Officials Linda Bailey Acting Execut Directo

David

Vega-Barachowitz

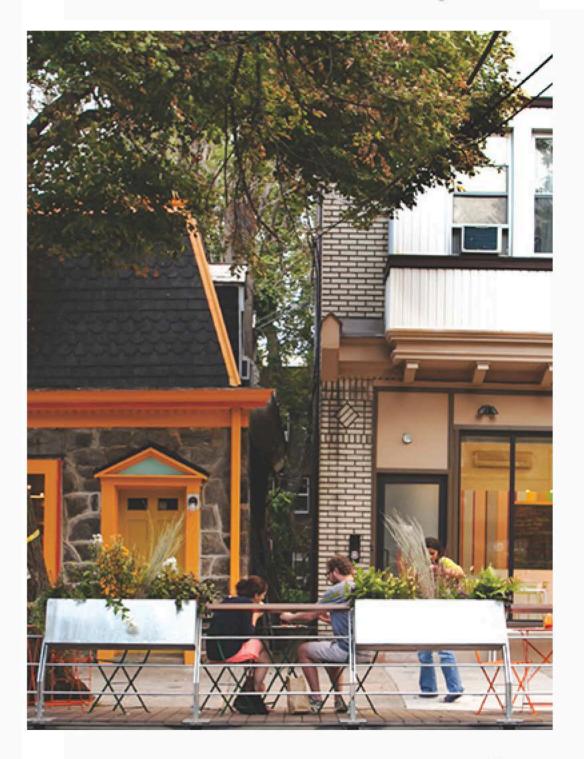
Director, Designing Cities

The National Association of City Transportation Officials is a 501(c)(3) nonprofit association that represents large cities on transportation issues of local, regional, and national significance. NACTO views the transportation departments of major cities as effective and necessary partners in regional and national transportation efforts and promotes their interests in federal decision making. The organization facilitates the exchange of transportation ideas, insights, and best practices among large cities, while fostering a cooperative approach to key issues facing cities and metropolitan areas. As a coalition of city transportation departments, NACTO is committed to raising the state of practice for street design and transportation by building a common vision, sharing data, peer-to-peer exchange in workshops and conferences, and regular communication among member cities.

Urban Street Design Guide

# Street Design Principles

The Urban Street Design Guide crystallizes a new approach to street design that meets the demands of today and the challenges of tomorrow. Based on the principle that streets are public spaces for people as well as arteries for traffic and transportation, this guide foregrounds the role of the street as a catalyst for urban transformation. It cements the tactics and techniques being pioneered by the nation's foremost urban engineers and designers.



30 31

# **Yield Street**



87

2-way yield streets are appropriate in residential environments where drivers are expected to travel at low speeds. Many yield streets have significant off-street parking provisions and on-street parking utilization of 40–60% or less. Create a "checkered" parking scheme to improve the functionality of a yield street.

#### RECOMMENDATIONS

For a yield street to function effectively, motorists should be able to use the street intuitively without risk of headon collision. Depending on whether the yield street has high or low parking utilization, flush curbs, or other features, its configuration may vary. A yield street with parking on both sides functions most effectively at 24–28 feet, while yield streets with parking on only one side can be as narow as 16 feet.<sup>1</sup>

All residential streets should provide safe and inviting places to walk and good access to local stores and schools. Design should mitigate the effects of driveway conflicts, reduce cut-through traffic, and maintain slow speeds conducive to traffic safety.

- Driveways should be constructed to minimize intrusion upon the sidewalk. Maintain sidewalk materials and grade across driveways.
- The planted furniture zone of the sidewalk creates opportunities for street trees, bioswales, pervious strips, and rain gardens.
- While most yield streets should have a minimum of signage and striping, signage should be used to indicate bidirectional traffic at transition points or where 2-way operation has recently been introduced.

Parking utilization on yield streets should be monitored closely. Before and after conversion, cities should consult with local residents to see whether or not a "checkered" parking scheme should be striped or remain unofficial.

The street illustrated above depicts a 30-foot roadway within a 45-foot right-of-way.

# I LREPOR

# Saving Lives, Time, Money: Building Better Streets

#### New Urbanists, Fire Marshals Find Common Ground

The Congress for the New Urbanism (CNU), U.S. Environmental Protection Agency (EPA), and fire marshals from across the country have partnered together on an Emergency Response & Street Design Initiative. This initiative is aimed at reconciling the growing desire for appropriately-sized and connected streets with emergency responders' access needs. We believe common ground exists for solutions because streets in connected networks:

- •Can improve emergency response times by providing several routes to any given address.
- •Are safer for pedestrians, drivers, and emergency responders since they calm traffic below speeds that more likely result in fatal or serious injury collisions.

Narrower streets in well-connected networks also help reduce stormwater runoff, require less energy to construct, and facilitate non-greenhouse emitting transportation alternatives like walking and bicycling.

Abundant literature supporting these findings exists in academia, municipal reports and the work of Local Government Commission, a non-profit dedicated to helping local leaders and elected officials create healthy, walkable communities. An annotated bibliography provides a summary of current findings and is available at the Initiative's web page: cnu.org/emergencyresponse.

Traditional, connected streets are sustainable, viable alternatives to sprawling, wide road systems that encourage people



Residential streets like this 28-foot wide example in Prospect New Town in Longmont, Colo., are a staple of New Urbanism, but are often hindered by the International Fire Code's 20-foot clear rule. Properly designed, and in connected networks, these streets actually help emergency response times and calm traffic. (Photo courtesy of CNU)

to drive everywhere for everything. As the United States responds to the potential dangers of global climate change and the urgent need to reduce vehicle miles traveled to mitigate that threat, bringing back connected street patterns can help reduce energy consumption and carbon dioxide emissions.

Moreover, the demographic trends of the 1990s and this decade, which saw both young professionals and empty nesters migrating into cities, suggest growing demand for urban living. In response, the initiative partners are developing cuttingedge solutions for street designs that reduce emergency response times and improve community safety.

Over the past 40 years, the fire service has done a tremendous job reducing fire-related civilian deaths in the U.S. - from 7,395 in 1977 to 3,430 in 2007 according to the National Fire Protection Association. The majority of emergency calls are not related to fire, but rather to calls for medical or traffic injuries. In 2007, the National Highway Traffic Safety Administration reported that traffic collisions killed 41,059 and injured 2,491,000 people.

The Emergency Response & Street Design Initiative aims to achieve reductions in traffic injuries and deaths through better street design.

#### Origin of the Problem

As suburbs mushroomed and spread after World War II, the traditional, connected street grid network was BUILDING page 2

# Fire Officials, Urbanists Connect on Streets

#### Connectivity is Common Ground for Solutions

As we moved away from traditional interconnected networks of streets that development patterns, two major things happened to our streets: they became wider and the level of connectivity decreased.

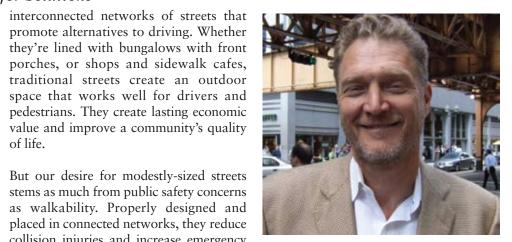
Recent studies have shown that wider streets are associated with more traffic injuries and fatalities—leading to an increase for emergency response services. And at the same time, reduced connectivity has increased local fiscal burdens as each fire station is But our desire for modestly-sized streets able to serve fewer and fewer households as homes sprawl across the landscape.

public safety, new urbanists and fire marshals can learn from each other. New urbanists and smart growth advocates, guided by the Charter of the New Urbanism, call for compact, pedestrian-friendly, and mixed-use neighborhoods with

placed in connected networks, they reduce In their quest for better, more efficient collision injuries and increase emergency access to a given address. And at the core of the emergency response profession is the goal of reducing injuries through effective response times and conditions. Ideally, fire trucks should get to locations in their station area within five minutes. They need to move down streets efficiently. Since

highly interconnected street networks offer many routes to most places, emergency personnel have a better opportunity to find the most direct and unimpeded route possible.

As you will see in these pages, there are many pieces to this puzzle and much



common ground between new urbanists and fire marshals. The Emergency Response and Street Design Initiative lets us search together for mutually acceptable and beneficial street design solutions.

John Norquist, President & CEO

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#### BUILDING continued

discarded in favor of cul-de-sacs and sprawling roads whose widths and parking restrictions easily accommodated fire apparatus of any size, even as their limited subdivision entries and culde-sacs increased the distance emergency responders needed to travel to reach their destinations.

As the consequences of sprawl became apparent, New Urbanism emerged during the 1980s to re-establish traditional, human-scaled neighborhood design including elements such as mixed-use buildings and streets that meet the needs of pedestrians and transit riders. Streets built for vehicles, pedestrians, cyclists, and transit with connections to the larger community are healthier alternatives to subdivisions, strip malls and office parks

that stand isolated from each other and surrounding uses. Because they strengthen community bonds, improve quality of life, and are the building blocks of sustainable communities and regions, New Urbanist neighborhoods are holding their value much better than conventional subdivisions in the current economic downturn.

But as New Urbanism spread, the "20 foot clear" provision of the International Fire Code, which has been part of national fire codes since 1976, remained. The provision, which requires "an unobstructed width of not less than 20 feet" on designated fire access roads, vexes developers, planners, and engineers since it is commonly interpreted to force some streets to be wider than necessary BUILDING page 12

# What We're Doing and Why

The Emergency Response & Street Design Initiative brings together fire code officials. new urbanists and the U.S. EPA to find ways of accommodating traditional urban streets and emergency responders' needs for quick and ready access to a given address. Our goal is providing streets that work for everyone - pedestrians, drivers, and emergency responders – and that reflect the principles of sustainable neighborhood design and public safety alike.

Working together, CNU, the EPA, and emergency responders will accomplish this in three main ways: new fire code language, research linking street design and public health, and aggressive education and outreach to build partnerships between new urbanists and emergency responders.

#### Code Changes

The Initiative team has developed proposed amendments to Chapter 503 of the International Fire Code that will empower local fire code officials to be more flexible, under specific circumstances, regarding the standard that currently requires street widths to include at least 20 feet of unobstructed space. The team also proposed a new appendix to the code, and a commentary explaining those circum-

stances. The International Code Council's code amendment process will continue through 2009 and 2010. We invite you to offer comment to the ICC on our proposed changes. For more information, please visit the Initiative's web page, www.cnu.org/emergencyresponse.

#### Street Design & Public Health

CNU and the Centers for Disease Control - which has already identified transportation injuries as a public health problem – are exploring the relationships between street design, traffic injuries, and public health/public safety, and how the organizations can work together in finding solutions to this problem.

Educating everyone about these interconnected factors dovetails with the Initiative's effort to teach new urbanists and fire code officials more about each other's professions, outlooks, and approaches to street design.

Through these approaches, we hope to improve the quality of the built environment and emergency service. We hope you will agree, and join us in this endeavor. Please see the "Get Involved" section of this Report on Page 13 for more information.

#### Shared Values for **Traditional Urban** Streets and **Emergency Response**

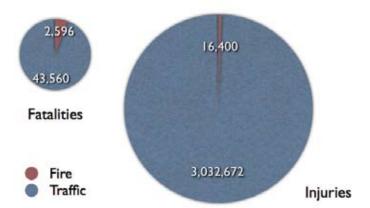
This list was created by during the CNU Streets and Emergency Response Workshop, held in April 2008, in Austin, Texas.

- 1. Life safety is important, should be inclusive, and extend from fire to traffic
- 2. We value the efficient use of resources, including property, services, and infrastructure.
- 3. We value vibrant places that enhance pedestrian activity.
- 4. We value communities that include a range of neighborhoods and compatible uses.
- 5. We value streets, structures, and fire protection features that match the context of the neighborhood.
- 6. We value creative collaboration among those who serve and shape the built environment
- 7. We value an ongoing process of education and capacity-building among those who serve and shape the built environment.
- 8. We value adaptation in life saving responses due to regional differences.



(Photo courtesy of LouAngeli2008, via Flickr under a Creative Commons license)

## Fire vs. Traffic Injuries and Fatalities



While traffic and fire deaths are equally tragic, fire-related injuries and deaths are a small portion of the overall number of accidents in the United States. In 2007 (the latest year for which statistics were available), the number of traffic-related injuries and fatalities nationwide far outpaced those from fires. (Chart courtesy of Peter Swift)

 $oldsymbol{4}$ 

# Traditional Streets are Safer

#### Slower Speeds, Fewer Collisions

Traditional streets improve public safety by guiding motorists to drive at appropriate speeds. Slower drivers are much less likely to strike cyclists and pedestrians at speeds capable of causing severe injury or death – facts compelling new urbanists' desires to construct them in mixed-use neighborhoods.

The 1997 Swift-Painter-Goldstein study of Longmont, Colo., analyzed 20,000 police accident reports based on five criteria to determine how street design impacted collisions. It found "the most significant relationship to injury accidents" was street width. "As street widths widen, accidents per mile per year increases exponentially, and the safest residential street width are the narrowest (curb face)."

The Longmont analysis, and the studies it cites (from 1976 and 1981), all correlated wider streets with higher speeds. The 1997 study concluded, "Clear relationships are evident between accident frequency and street width. The findings support the premise that narrower, so-called 'skinny' streets, are safer than standard width local streets." The study also noted



Harbor Town in Memphis, Tenn., serves pedestrians, traffic, and emergency responders. The developer won strong support from the fire department by working early and often to identify and solve potential access problems like turning radii at intersections. Harbor Town won a prestigious Charter Award from CNU in 2007. (Photo courtesy of Looney Ricks Kiss Architects and RTKL)



The Swift-Painter-Goldstein study of traffic accidents in Longmont, Colo., revealed a 485 percent increase in accident rates per year per mile as street widths increased from 24 feet to 36 feet. (Chart courtesy of Peter Swift)

"narrow streets should not be used without at least a second means of access. This can be accomplished with alleys and/ or an interconnected network of streets."

"Speed is the defining factor of a safe street — reduce the speed and you reduce the frequency and severity of collisions."

Eric Dumbaugh, a professor at Texas A&M University's Department of Landscape Architecture and Urban Planning, states that the design of the road communicates what is expected of a driver, especially when it comes to speed. Speed is the defining factor of a safe street – reduce the speed and you reduce the frequency and severity of collisions. There are many design factors that inform drivers of the appropriate speed—some of them are commonly misunderstood, like

shorter sight distances reducing speeds, which cuts against the grain of conventional traffic engineering thinking in the U.S.

A related point steps beyond street width: the sense of spatial enclosure provided by structures lining traditional streets also influences traffic speeds. A national study, *Improving the Residential Street Environment* (Smith-Appleyard, for the Federal Highway Administration, 1981), found that while wider street widths are the primary cause for higher traffic speeds, wider building-to-building distances also increase speeds.

Reid Ewing, a research professor at the University of Maryland's Center for Smart Growth, Dr. Richard A. Schieber, of the National Center for Injury Prevention and Control, and Charles V. Zegeer, director of the Pedestrian and Bicycle Information Center at the University of North Carolina's Highway Safety Research Center, studied sprawl and collision fatality risk in 448 coun-

ties comprising the nation's 101 largest metropolitan areas. They developed a sprawl index identifying conventional development patterns and used regression analysis to correlate that index to all-mode traffic fatalities. Their results, published in the *American Journal of Public Health* (September 2003), found that:

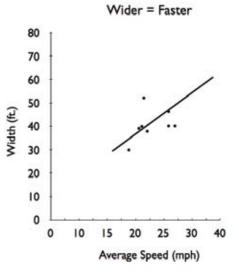
- •Urban sprawl is "directly related" to traffic and pedestrian fatalities; the more sprawl, the higher likelihood of traffic and pedestrian fatalities.
- "Sprawling areas tend to have wide, long streets that encourage excessive speed."
- "... developing land in a more compact manner may reduce pedestrian deaths, provided that the street network is designed for lower-speed travel."

These findings are confirmed by other work done by Swift, Noland, Dumbaugh and others. Burden summarized that their work shows that "better connected street

"Urban sprawl is 'directly related' to traffic and pedestrian fatalities; the more sprawl, the higher likelihood of traffic and pedestrian fatalities."

systems and narrower streets and lanes (generally 26-28 foot wide local streets or 9-10 foot lanes [for avenues]) are the most safe." The Local Government Commission's publication, *Emergency Response*, *Traffic Calming and Traditional Neighborhood Streets* (Burden & Zykofsky, 2001), amplifies another key point that, "...to insure that emergency response times are given full consideration, fire department personnel – along with other key players – must be at the table."





The relationship between traffic speed and street width, right, and the speed vs. safety implications, left, are clear: The wider the street, the faster the traffic, which means a greater likelihood of severe or fatal pedestrian injuries from collisions. In other words, traditional streets calm traffic and reduce the severity of pedestrian injuries. (Charts courtesy of Peter Swift)

# Traditional Streets are Safer for People and Traffic

### Street Grid's Efficiency Helps Everyone

New urbanists like connected street networks because they handle large volumes of traffic at safer speeds in people-centered environments while offering multiple ways to get from A to B. At the same time, the importance of a 4- to 6-minute response time cannot be underestimated. Firefighters swear by it for three reasons:

- •Someone who has collapsed and isn't breathing typically starts suffering brain damage within 4 to 6 minutes of oxygen they must evaluate and set up before deprivation; except for rare cases, brain death almost always occurs after 10 minutes.
- •Fires can reach an uncontrollable condition called "flashover" within 3 to 8 minutes. Fire death is certain if someone is present at that moment.
- fighters don't know about emergencies until notification. And once at the scene,

"Traditional. connected street networks, even when narrower than 20 feet, can reduce response times by offering multiple and shorter paths to a given location."

attacking a blaze.

Traditional, connected street networks, even when narrower than 20 feet, can reduce response times by offering multiple and shorter paths to a given location.

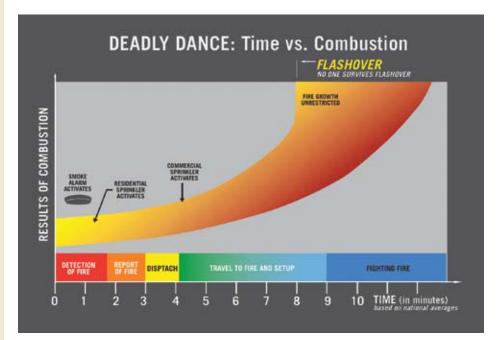
In Charlotte, N.C., the city's Department •It mitigates unavoidable lag time as fire- of Transportation examined connectivity and response time in a 2008 study and found the citywide average response time

rose from 4.5 minutes in the mid-1970s to 5.5 minutes in 2002. This increase corresponds with the prevalence of street design patterns in conventional subdivision development.

However, the study discovered that since October 2001, when the city's subdivision ordinance began requiring street connectivity, average response time has dropped 30 seconds, to 5 minutes. This is a dramatic drop given the lag time in transforming conventional subdivisions into connected spaces.

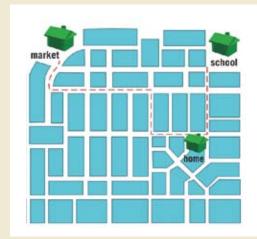
In addition, connected street networks can also improve fiscal efficiency when it comes to fire stations' fixed costs. Both Charlotte and Raleigh, N.C. studied the effects of connected versus disconnected street patterns on fire station coverage and cost efficiency. Each city concluded - in 2008 and 2000, respectively - that connected networks improve both factors.

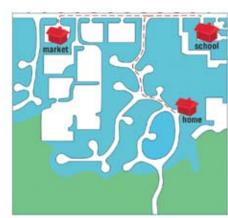
## Response Time: When a Short Wait Saves Lives



The 4- to 6-minute response time is critical for emergency responders, given the inevitable lag between a blaze starting, or someone falling unconscious, and the fire department being alerted. When present, sprinklers help control the fire early, lengthening the time before deadly, uncontrollable "flashover" occurs. That response window also gives emergency medical technicians the best chance to treat unconscious victims before brain damage or brain death occurs. (Courtesy of Austin, Texas, Fire Department, Northern Illinois Fire Sprinkler Advisory Board, Chicago Sprinkler Fitters Local 281, Orland Fire Protection District, Orland Professional Firefighters, Sprinklerfitters Local 669, and National Fallen Firefighters Foundation)

### Grid vs. Sprawl: The Power of Connectivity





In traditional New Urbanist neighborhoods like the one at left, pedestrians, automobile drivers, and emergency responders can take myriad routes to any destination on streets designed to accommodate both vehicles and people. Suburban sprawl, center, excludes pedestrians in favor of cars, and funnels traffic onto a limited number of routes. Here, if this one route is blocked, emergency responders trying to reach the house must travel miles around to the subdivision's other access point.(Image by Paula Salhany, courtesy of Duany Plater-Zyberk & Co.)

"...since October 2001. when the city's subdivision ordinance began requiring street connectivity, average response time has dropped 30 seconds, to 5 minutes. This is a dramatic drop given the lag time in transforming conventional subdivisions into connected spaces"

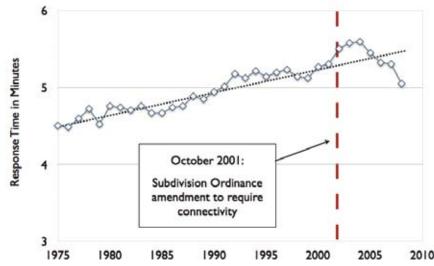
Charlotte compared eight fire stations from near downtown to a newer neighborhood at the city's periphery (See "Saving Lives and Money: A Charlotte Case Study", page 8). The study confirmed that higher street connectivity means that a single station can serve more households at a lower per capita cost. For example, Station 2 in Dilworth, a neighborhood begun in the 1890s as a streetcar suburb, scored best, serving 26,930 households in 14.1 square miles at an annualized per capita life cycle cost of \$159. Station 31 near Highland Creek, which developed

in the 1980s and 1990s, scored worst, serving just 5,779 households in 8 square miles at an annualized per capita life cycle cost of \$740.

Raleigh's study, cited in Planning for Street Connectivity: Getting from Here to There (Handy, Paterson & Butler, 2003), looked at response area coverage within a 1.5-mile radius of fire stations. The

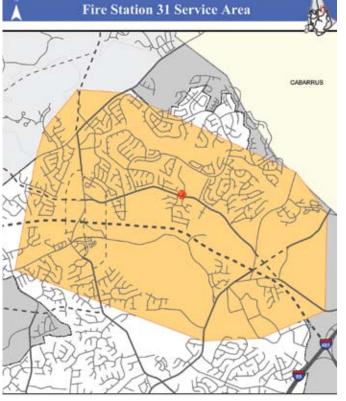
authors concluded that older neighborhoods had greater service efficiencies due to their greater street connectivity – "...a fire station in the most interconnected neighborhood could provide service to more than three times as many commercial and residential units as the least connected neighborhood."

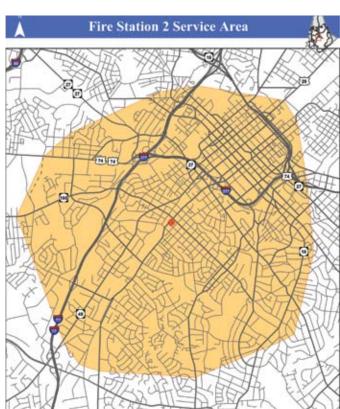
# Connectivity Helps Charlotte Response Time



In a 2008 study, the city of Charlotte, NC, found that average response times decreased as street connectivity increased after a connectivity ordinance became law in October 2001. (Chart courtesy, City of Charlotte, NC)

# Saving Lives and Money: A Charlotte Case Study

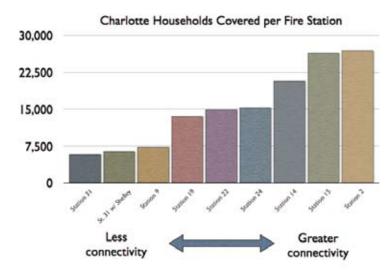


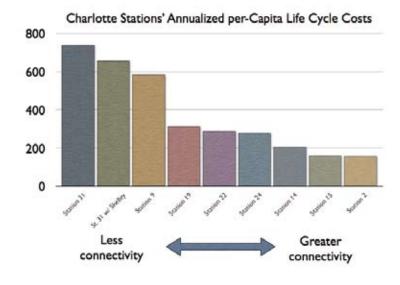


The benefits of connectivity and traditional neighborhood development become clear in these maps showing the coverage areas of Charlotte Fire Stations 2, bottom left, and 31, top left: Station 2 covers 4.5 times more addresses in highly connected Dilworth than Station 31 does in sprawling Highland Creek, and at a much lower annualized per capita cost (\$159 vs. \$740).

Moreover, the charts, below, show how this pattern holds true with other fire stations, too. They also show that Station 31 and nearby subdivisions would benefit from a proposed, but not yet built 300-foot connection on Shelley Avenue that could shave a mile off the 1 1/2-mile route firefighters must currently drive.

Station 31 could then cover approximately 12.5 percent more households and 17 percent more area for a lower annualized per capita cost (\$659), yet still vastly under-perform Station 2. (Charts, maps courtesy of City of Charlotte, NC)





# States and Towns Embracing Reform

#### Connectivity, Choice are Key for New Approaches

Street width is mainly a matter of Fire departments welcome increased being defeated by the refusal of adjacent local and state jurisdiction. Most local ordinances discuss street width variances or focus on connectivity requirements.

Only Oregon and Washington allow local jurisdictions to override the 20-foot clear rule. Oregon gave local communities increased flexibility in a 1997 law developed with the state's fire service (Oregon Revised Statutes, 368.039). The statute empowers local governments to design their own street standards in consultation with the local fire department. Washington's updated code is very similar to Oregon's, with the local government allowed to adopt street standards that differ from the state uniform fire code (see Revised Code of Washington, 19.27.060 [5]).

The Commonwealth of Virginia is moving to reduce street width on a statewide basis. Virginia is a unique case because its Department of Transportation is responsible for local road maintenance. In 2008, they adopted new connectivity requirements based on the link-node ratio - the number of links (stretches of streets or alleys) divided by the number of nodes (intersections) in a given area; the higher the ratio, the more connected the street network (a perfect grid's ratio is 2.5). Starting this year, VDOT requires new developments to meet minimum ratios of 1:4 for suburban areas and 1:6 for urban, or compact areas.

Assistant Secretary of Transportation Nicholas Donohue said those ratios will be a vast improvement, as most developments in Virginia since the 1970s offer minimal connectivity. The new connectivity standards will allow the curb-to-curb width of future neighborhood through streets will be much less than the current 36 feet, Donohue added. The pending new standards are 29 feet with parking on both sides or 24 feet with parking on one side. "Increased connectivity allows reduced street widths because it provides firefighters with at least two paths to respond to any emergency", he said.

connectivity. Carl Wren, senior engineer of the Austin (Texas) Fire Department says the biggest concern with connectivity ordinances is the willingness of future A trio of North Carolina communities, county commissions, city councils or village boards to follow them in the face of developer and/or residents' resistance. The question becomes how communities ensure that connectivity goals are not short circuited while discrete projects are developed over the years by different people and in various neighborhoods. This is an especially important topic in an era where developers are designing the streets – not like in the past where the local governments had general street plans.

Most fire departments can identify long dead-end roads or road stub-outs in adjacent subdivisions resulting from abandoned plans for connectivity during phased construction of developments. There for more information. Fire departments and street designers alike can cite examples of connectivity

communities to cooperate on the alignment and connection of neighborhood streets.

Davidson, Cornelius and Huntersville have pioneered connectivity requirements. Davidson attempts to address neighborhood resistance to increased connectivity through signage. Its 2001 ordinance requires that signs be posted on cul-de-sacs and dead-end streets that "have the potential to connect" to adjacent properties where future development may go, declaring: "This cul-de-sac is temporary. The street will be extended when the adjacent property develops." Huntersville, recently mandated similar signs for dead-end streets that will one day be connected to the next subdivision. See Planning for Street Connectivity: Getting from Here to

Potential emergency response problems from the failure, or inability to connect streets are clearly seen in this aerial photo of the Barton Hills neighborhood in Austin, Texas, While geography and the city's concerns about impervious cover helped prevent this connection in the red circle, residents' opposition influences decisions to stop other connections, even though neighborhood traffic flow and emergency response may be hampered. (Photo courtesy of Carl Wren)

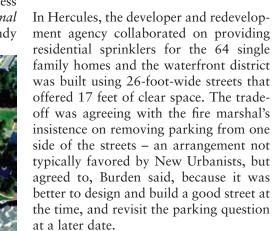


# Fire Officials, Transportation Engineers Want Connectivity

#### Examples Prove Cooperation Can, Does Work

however, new developments often fail and fatalities.

Effective emergency response and But this trend is starting to change traditional streets can coexist. In fact, they fire officials and transportation engialready do in every neighborhood predat- neers are coming together to build safe ing World War II. Given existing codes, places. Dan Burden, founder of Walkable Communities, a non-profit organization to achieve the connectivity necessary for promoting pedestrian and bicycle-orientfast response times or the human-scaled ed development, reviewed this progress streets that lead to fewer traffic injuries in Emergency Response and Traditional Neighborhood Street Design. This study



presents the Waterfront District in Her-

cules, Calif., Harbor Town in Memphis,

Tenn., and High Point in Seattle, Wash.,

as case studies of New Urbanist neigh-

borhood designs successfully integrated

with existing fire service.

Seattle's fire marshal approved the designs for the High Point neighborhood because its proposed street system was designed to fit in with the surrounding area's existing grid, even though more current codes called for wider streets. Burden said the fire marshal agreed to narrower streets in this case not only for that reason, but also because the innovative stormwater strategies called for narrower streets.

At the 2008 New Partners for Smart Growth conference, Antonio Bologna, architectural consultant and vice president of development for Harbor Town, spoke about the importance of flexibility and working early and often with a local fire department. Using this approach for Harbor Town meant problems involving intersection designs, primary access routes, and turning radii were cooperatively identified and solved - a strategy he said paid off when it came time for city council approval and the Memphis Fire Department indicated its enthusiastic support.

Dan Burden notes that for narrower, connected streets to work properly, they "must be part of a well-connected street

system," and that "attention to design details is essential." Burden says developers and engineers must consider connectivity along with street width, turning radii, parking, and streetscape treatments. In Healthy Neighborhoods and Healthy Streets (2008), a guide written as part of this initiative, he calls for flexibility in designs based on performance instead of prescribed numbers; "Being too prescriptive creates problems for developers, designers and responders." Burden outlines the functions of traditional local, collector and arterial streets:

- (1) assure large equipment access and movement,
- (2) provide appropriate speed and volume, (3) allow motorists to pull over to let responders by, and
- (4) allow sufficient width for incident 'deployment' (generally 16-20 feet)

The August 2007 edition of Urban Land featured the work of Reid Ewing, Ted Stevens and Steven J. Brown tracking efforts in seven cities, plus the state of Oregon, to achieve streets with less than

"Using this approach for **Harbor Town meant** problems involving intersection designs, primary access routes, and turning radii were cooperatively identified and solved - a strategy he said paid off when it came time for city council approval and the **Memphis Fire Department** indicated its enthusiastic support."

20 feet clear. They found many examples of where streets with less than 20 foot clear were achieved and some cases much less. In Orlando, Fla., the Baldwin Park community was allowed a network of CONNECTIVITY page 12



Well-designed streets like those in Harbor Town, above, and Winter Park, Fla., below, work for pedestrians, neighborhoods, and emergency responders. Poor designs that create access problems sour emergency responders to future developments using traditional street design (Top photo courtesy of Looney Ricks Kiss Architects and RTKL; bottom photo courtesy of Norman W. Garrick)



# Sprinklers Help Street Design Discussions

Sprinklers are the key to greater flexibility from the fire service, says Capt. Frank Kinnier, an assistant fire marshal with Chesterfield County, Va., Fire & EMS"You don't have these massive fires when there are sprinklers," he says, "and you don't have the need for as much apparatus." Or for as much water.

For example, the International Fire Code requires ladder trucks for buildings over 62,000 square feet and more than 30 feet tall. The code also requires a 26-foot clear lane on two sides that must be placed at least 15 feet and no more than 30 feet from building facades to accommodate trucks' outriggers and hose placement. But if that 62,000-square-foot building has sprinklers, the code requires only one 26-foot clear lane and does not require ladder trucks until the building is over 124,000 square feet.

Sprinklers also reduce the amount of water required from hydrants, Kinnier says. For a typical one-story, 62,000-squarefoot wood frame building, the required flow is 6,750 gallons per minute (gpm). If that building does not have a sprinkler system and catches fire in the middle of the night, firefighters learn of the blaze once it triggers alarms and blows out of the ceiling or windows. It's so big that once firefighters arrive, they'll flow water at the 6,750 gpm rate for about 30 minutes, for 202,500 gallons. However, if that building has sprinklers, the required flow is reduced by 75% to 1,687 gpm, will activate alarms, and will likely require significantly less water overall. "Water conservation," Kinnier says, "is even more powerful when you apply it to residential (buildings)."

# Limited Options with Equipment Size, U.S. Fire Marshals Say

Former Milwaukee, Wis., Deputy Chief Neil Lipksi essentially created a specialized fire engine for Milwaukee by threatening to take the city's business elsewhere if the manufacturer wouldn't build a truck scaled to the city's existing fire stations and street grid. While he was able to be more adamant with fire equipment manufacturers about their city's particular needs, his experience is an exception to the general rule: fire engines, ladder trucks, and ambulances in the United States are not getting smaller.

Most residential structures in the U.S. are built of wood and so their inherent fire loads (available fuel for a fire) are much heavier than those in Europe or Japan. This leads to the need for first responding units to carry more equipment and water than the typical smaller fire engine can handle. Second, most, if not all, fire departments have limited capital budgets and prioritize the purchase of engines and ladder trucks capable of handling almost any emergency from medical to hazmat or roaring fires while being mindful of the number of firefighters required to adequately operate the vehicle. Moreover, fire code officials enforce road design limitations based on the emergency vehicles already in service in their jurisdictions and generally do not have a voice in the emergency vehicle purchasing process.



(Photo courtesy of Combined Media, via Flickr under a Creative Commons license)

# CNU Charter, Canons, and Streets

The Congress for the New Urbanism's expense of accessibility and openness. interest in better street design dates from its founding in 1993. Members subscribe to the Charter for the New Urbanism, a list of principles for building better communities at all scales, from the region down to the street. Signed in Charter devotes a section to "The block, the street, and the building" that states:

- •A primary task of all urban architecture and landscape design is the physical definition of streets and public spaces as places of shared use.
- •The revitalization of urban places attempting to implement the Charter. depends on safety and security. The design of streets and buildings should reinforce safe environments, but not at the

- •Streets and squares should be safe, comfortable, and interesting to the pedestrian. Properly configured, they encourage walking and enable neighbors to know each other and protect their communities. In addition to the Charter, many CNU 1996 at CNU IV, in Charleston, S.C., the members also subscribe to a new document, the Canons of Sustainable Architecture and Urbanism. Introduced in 2008 at CNU XVI in Austin, Texas, the Canonsexpanduponthe Charter's inherent emphasis on sustainable development, and provide operating principles for those
  - Of streets, blocks, and networks, the Canons say:
  - •The design of streets and the entire right-

of-way shall be directed at the positive shaping of the public realm in order to encourage shared pedestrian, bicycle and vehicle use.

•The pattern of blocks and streets shall be compact and designed in a well-connected network for easy, safe, and secure walkability. This will reduce overall vehicular usage by decreasing travel time and trip length. Design shall strive to minimize material and utility infrastructure.

For more information about the Charter of the New Urbanism, please visit www.cnu.org/charter.

For more information about the Canons of Sustainable Architecture and Urbanism, please visit www.cnu.org/canons.

#### **BUILDING** continued

and poses barriers to creating compact, pedestrian-scaled neighborhoods.

#### The Initiative Begins

In 2007, the U.S. EPA's Smart Growth program awarded CNU a grant to study this problem and find solutions. An inaugural workshop held in Austin, Texas, united two dozen engineers, planners, and fire marshals to discuss street design, safety, and emergency vehicle operations. The diverse participants absorbed presentations from fire marshals, transportation engineers and urban planners and designers.

Participants discovered more common ground than was originally assumed – for example, a shared interest in improving

public safety and promoting connected street grids - and developed a list of shared values that provided a solid foundation for moving forward. The findings of the inaugural workshop can be found at cnu.org/emergencyresponse.

Neil Lipski, a former deputy fire chief from Milwaukee, Wis., and Peter Swift, principal of Swift & Associates, immediately set to work updating the emergency vehicle response section for Context Sensitive Solutions in Designing Major Urban Thoroughfares for Walkable Communities – the CNU/Institute of Transportation Engineers proposed recommended practice. This manual advances street designs that create walkable environ-

### **CONNECTIVITY** continued

neighborhood streets with curb-to-curb widths between 20 feet and 22 feet, which naturally slows traffic. The community also built a street grid that includes alleys, ensuring that emergency responders have myriad paths to an emergency, and required sprinklers in all buildings.

compromised on street widths in the Glenwood Park neighborhood following a fire engine ride-along demonstration

of narrow street maneuverability that included Charles Brewer, CEO of Green Street Properties, and then-Mayor Shirley Franklin. The developer was subsequently able to build street widths of 20 feet without parking, 27 feet with parking on one side, and 23 feet with parking on both sides. The developer expanded turning Atlanta fire and public works officials radii at corners from 15 feet to 20 feet and placed tree islands in parking lanes to help visually narrow street vistas.

ments and the inclusion of the emergency response section advances this initiative among a broad section of transportation engineers across the country. Their work is being incorporated into the next edition, scheduled for release in 2009.

The project team then determined that the best way to affect practice across the country is by amending national fire codes in ways that empower local fire officials to approve streets with less than 20 feet clear in specific circumstances. They identified specific code language within the International Fire Code as the biggest stumbling block because this is the most prevalent code adopted at the State and local levels. The team committed to submitting code proposals to the International Code Council (ICC) within its 2009-2012 code amendment cycle.

A dozen team members continued to strategize on how best to write alternative code language. They chose a two-prong approach -- language creating an exception to the current code and an additional appendix explaining the circumstances in which the exception would be acceptable. The group began drafting new code and appendix language in the fall and plans to submit them to the ICC in June 2009.

# Healthy Collaboration Leads to Healthier Environments

EPA's goal is to protect human health and the environment. Where and how communities grow can dramatically impact our nation's land, air, and water resources. Communities are looking for development approaches that will help them achieve benefits for their economies, environments, and quality of life.



areas already served by existing infrastructure not only reap better environmental outcomes in the form of less stormwater runoff, reduced per capita emissions, and better preserved natural and open spaces. Smart growth development also leads to better community outcomes, such as expanded choice in housing and transportation, and improved health.

EPA is proud of our collaboration with the Congress for New Urbanism and our partners in the emergency response community to identify and remove barriers to achieving smart growth. In our first year of work together, we have made great strides in identifying areas of common interest, such as improved connectivity that provides redundancy in emergency access routes as well as better mobility for community members. In addition, narrower streets reduce runoff, as well

Walkable, compact communities built in as slow traffic to reduce fatalities and improve community health and safety. Compact development can make the delivery of emergency response services more cost-efficient, and reduce the rate of land consumption required for new growth at the same time.

> The first year has been a productive one, and we look forward to the fruits of our ongoing partnership between smart growth proponents, new urbanists, and our partners in the emergency response community in the coming years.

John Freece, Director, U.S. EPA Smart Growth Office

# Get Involved

The ultimate goal of the Emergency Response & Street Design Initiative is to see traditional streets in connected networks acceptable by right - easy for new urbanists to get approved and easy for fire marshals to approve them. As an individual involved and concerned about emergency response and street design, we welcome your ideas and experience on this matter. The initiative team is submitting to the International Code Council in 2009 the following three items:

#### Code Reform

new changes.

The initiative team is submitting to the International Code Council by June 1, 2009, the following three items:

- 1) Proposed new language for the International Fire Code, empowering local fire officials to approve streets with less than 20 feet of clear space under specific circumstances;
- 2) Proposed new language describing the specific circumstances for Appendix D of the Fire Code, to be available for local jurisdictions to adopt as they see fit; and 3) Commentary to support the proposed

We welcome your input and support and ask you to submit comments to the ICC during the window for public input, which opens after June 1 and runs through Feb. 12, 2010. While hoping these changes will be accepted during this code amendment cycle, we realize this process can take multiple cycles over several years.

#### Case Studies and Examples

We're especially looking for examples of successful municipal codes or ordinances allowing narrower streets with the fire department's support. Examples of successful municipal codes or ordinances allowing narrower streets and has the fire department's support are also very helpful.

Got other ideas? Please send us an e-mail and check the Emergency Response & Street Design Initiative website for updates and information:

cnu.org/emergencyresponse

Heather Smith, Planning Director, hsmith@cnu.org

### Additional Resources

CNU Emergency Response & Street Design Initiative website: Includes the latest updates on the initiative, summaries of workshops, downloadable presentations, an annotated bibliography, and information on many of the studies mentioned in this report: www. cnu.org/emergencyresponse

International Code Council's Code Development website: Includes information about the code development process and links to the public comment form (comments are due by Feb. 12, 2010): www.iccsafe.org/cs/ codes

Local Government Commission Street Design website: Includes an overview of the LGC's work on street design, information on the 2008 New Partners for Smart Growth conference, and links to publications, including Emergency Response and Traditional Neighborhood Street Design (Burden & Zykofsky, 2000-01): www.lgc. org/transportation/street.html

U.S. EPA's Smart Growth Office www.epa.gov/smartgrowth

Virginia's new connectivity rules www.vdot.virginia.gov/projects/ssar/